

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:15-10:15 Strength & Tone \$7 10:30-11:45 Yoga \$10 12:30 Coffee & Cards	3 9:00-9:45 Walking Club Meet at the Arena 10-10:45 Chair Cardio & Tone 11:30-12:30 Tasty Tuesday \$3 12:30 Skip-Bo/ Euchre	4 9-10:30 Line Dancing 6 week session  10:30-11:45 Yoga \$10 1-3 Drop in Knitting/Crochet	5 9:00-9:45 Walking Club Meet at the Arena 10-10:45 Chair Cardio & Tone 12-1:30 Recipe Share \$2 1:30-2 Drop in Tech Class	6 10-10:45 Classic Cardio/Tone \$7 11:30-12:30 Café Lunch \$5 12:30 Skip-Bo & Euchre
9 9:15-10:15 Strength & Tone \$7 10:30-11:45 Yoga \$10 2:00-2:45 Commit to be Fit Free Class with Mohawk Student	10 9:00-9:45 Walking Club Meet at the Arena 10-10:45 Chair Cardio & Tone 11:30-12:30 Tasty Tuesday \$3 12:30 Skip-Bo/ Euchre	11 9-10:30 6 weeks Line Dancing  10:30-11:45 Yoga \$10 1-3 Drop in Knitting/Crochet Good Food Box-Order Deadline	12 9:00-9:45 Walking Club Meet at the Arena 9-11:30 Dream Catcher Workshop \$10 10-10:45 Chair Cardio & Tone  Green Day! 12-3 Shaker Making Workshop \$15 12-1:30 Recipe Share \$2	13 10-10:45 Classic Cardio/Tone \$7 11:30-12:30 Café Lunch \$5 12:30 Skip-Bo & Euchre 1:00 Sequence- Game 3:00-3:45 Laughing Yoga
16 9:15-10:15 Strength & Tone \$7 10:30-11:45 Yoga \$10 2:00-2:45 Commit to be Fit Free Class with Mohawk Student	17 9:00-9:45 Walking Club  Meet at the Arena 10-10:45 Chair Cardio & Tone 11:30-12:30 Tasty Tuesday \$3 12:30 Skip-Bo/ Euchre in the Café 12:30 6 Week Acrylic Art Class for Beginners & Intermediate	18 9-10:30 - NO Line Dancing March Break 10:30-11:45 Yoga \$10 1-3 Drop in Knitting/Crochet 5:30 Join us for Dinner Hosted By Libro Credit Union Good Food Box- Delivery & Pickup	19 9:00-9:45 Walking Club Meet at the Arena 10-10:45 Chair Cardio & Tone 12-1:30- Recipe Share \$2 First Day of Spring! 	20 10-10:45 Classic Cardio/Tone \$7 11:30-12:30 Café Lunch \$5 12:30 St. Patrick's Day  Birthday Party 1:30 Skip-Bo & Euchre
23 9:15-10:15 Strength & Tone \$7 10:30-11:45 Yoga \$10 2:00-2:45 Commit to be Fit Free Class with Mohawk Student	24 9:00-9:45 Walking Club Meet at the Arena 10-10:45 Chair Cardio & Tone 11:30-12:30 Tasty Tuesday \$3 12:30 Skip-Bo/ Euchre in the Café 12:30 6 Week Acrylic Art Class for Beginners & Intermediate	25 9-10:30 Line Dancing  6 week session 10:30-11:45 Yoga \$10 12:00 BINGO & LUNCH \$5 Pre-Registration Required 1-3 Drop in Knitting/Crochet	26 9:00-9:45 Walking Club Meet at the Arena 9:00-2:00 Moccasins Workshop \$25 10-10:45 Chair Cardio & Tone 12-1:30- Recipe Share \$2 1:30 Chocolate CARD BINGO	27 9:00-2:00 Moccasins Workshop \$25 10-10:45 Classic Cardio/Tone \$7 11:30-12:30 Café Lunch \$5 12:30 Skip-Bo & Euchre 3:00-3:45 Laughing Yoga
30 9:15-10:15 Strength & Tone \$7 10:30-11:45 Yoga \$10 2:00-2:45 Commit to be Fit Free Class with Mohawk Student	31 9:00-9:45 Walking Club Meet at the Arena 10-10:45 Chair Cardio & Tone 11:30-12:30 Tasty Tuesday \$3 12:30 Skip-Bo/ Euchre in the Café 12:30 6 Week Acrylic Art Class for Beginners & Intermediate			COLOUR LEGEND  NEW & EXCITING  CAFÉ  CHANGE IN TIME, LOCATION, \$  CSCHN PROGRAM